

The 29th Annual Reds Road Race is sponsored by:



Northeast Delta Dental



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2010 New Hampshire Grand Prix Race Series

<http://nhgp.nhrunning.com>

17th Annual Soup Kitchen 10K
 29th Annual Reds Race 5 Mile
 19th Annual Foothealth 5K
 Pack Monadnock 10 Mile
 43rd Annual Bill Luti 5 Mile
 Sandown 5 Mile
 Run for the Kids, Pawtuckaway 5K

Nashua, NH
 Dover, NH
 Derry, NH
 Wilton, NH
 Concord, NH
 Sandown, NH
 Nottingham, NH

Sunday, April 11, 2010
 Sunday, April 25, 2010
 Saturday, May 1, 2010
 Sunday, June 6, 2010
 Saturday, July 17, 2010
 Saturday, August 7, 2010
 Saturday, October 16, 2010

Reds Road Race
 PO Box 232
 Dover, NH 03821-0232

29th Annual Reds Race 2010



Run (or walk!) for a Better Community!

Join us!

Sunday, April 25, 2010

5 Mile Road Race & 3 Mile Walking Course

Start Time: 10AM
Dover, NH

5 Mile road race is USATF Certified
NH#91003WN

Special Thanks to:

Dover Recreation Department
Rochester Runners Club

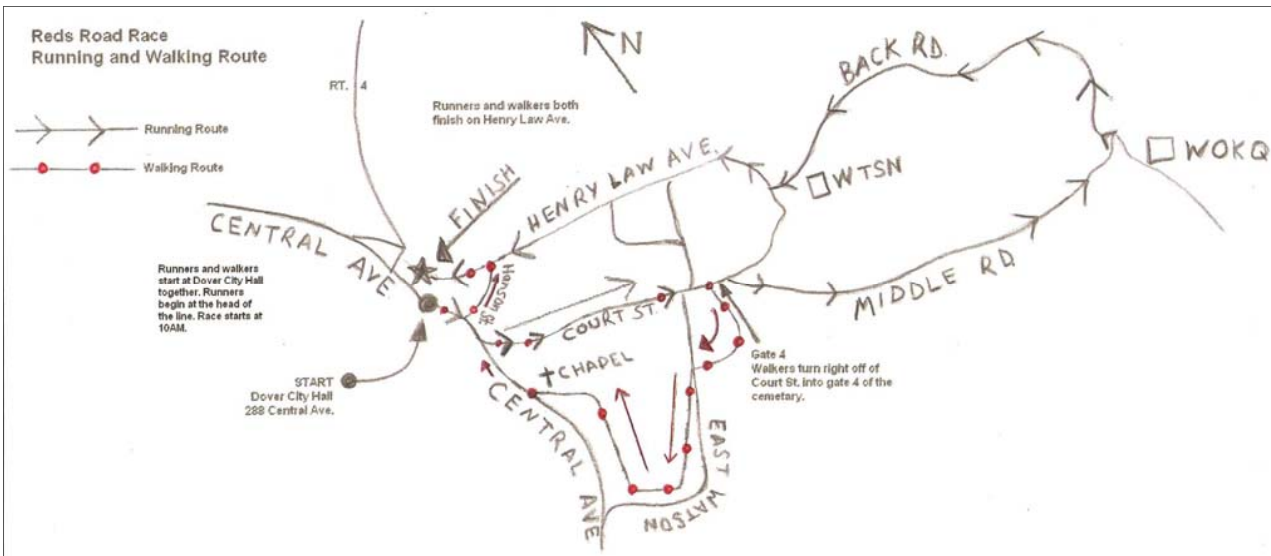
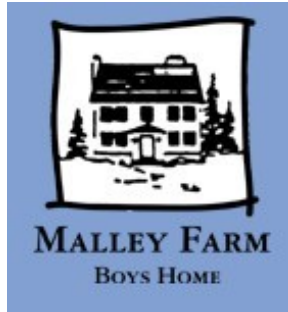
WELCOME

Reds Race is a 5 mile road race and 3 mile walking course, open to anyone interested in either running or walking in this annual event. "Reds Race" was born out of the generosity of Red's Shoe Barn which introduced this race as the Red's Shoe Barn 5 Mile race 29 years ago.

Four years ago, Red's Shoe Barn turned the planning and execution of this race to five Strafford County non-profit organizations to transform this race into a fundraiser, benefiting the five non-profit organizations, with the intent to strengthen this community. This year, two new non-profit organizations have been added to join the partnership. Reds Race has also been accepted as one of seven races in the New Hampshire Grand Prix race series comprised of seven races throughout the state of New Hampshire.

BENEFIT

Proceeds from the race will support these Strafford County non-profit organizations:



On-Line Registration available at

www.reds-race.com
through Tuesday April 20, 2010

Pre-race registration is Saturday, April 24th at Red's Shoe Barn from 10:00am -1:00pm and will include:

- Early race packet pick-up
- Special prices on running shoes!
- Short sleeve **high-tech** shirts: first 200 runner pre-registrants
- Reds Race hats: first 250 walker pre-registrants
- RACE DAY RAFFLE for runners and walkers

Factory representatives will be available to answer questions at Red's Shoe Barn.

Awards in 12 Separate Runner Divisions

Male and Female Winners and Runner Up!

~Prizes in all categories~
First Overall Male and Female
Age Categories: 14 and under, 15-19, 20-29, 30-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-79, 80+

Race Day Registration (POST)
Sunday, April 25, 8:00am to 9:30am at
Dover City Hall

Please, no dogs day of race.
Thank you!

Individual Entry Form

Entry Fee 5 Mile Road Race: \$17 (POST \$20)
Under 14: \$10 (POST \$15)
Entry Fee Walking Course: \$10 (POST \$15)

Name: _____
Please print clearly

Male Female Age _____

Address: _____

City: _____

State: _____ Zip: _____

Phone Number: (____)____ - _____

Email Address: _____

Please print clearly

Contact preference: Email USPS

Team Name (for NH Grand Prix Series): _____

T-Shirt Size: Small Medium

Large X-Lg

Please read liability statement:

In consideration for this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Red's Shoe Barn, Inc, City of Dover, Rochester Runners, Dover Rec. Dept., the non-profit agencies named, their agents, representatives, successors, for all injuries suffered by me at said event or while traveling to or returning there from.

Signature: _____

If under 18, signature of parent or guardian

Return entry form with checks payable to
"Reds Race"

Reds Race
PO Box 232,
Dover, NH 03821-0232

Pre-Entries postmarked no later than Tuesday, April 20th

Contact Person: Ken Houle 603-652-9983